

Living Without Hurry and Worry in Such A Time As This

Session 3B: An Eternal Kind of Life

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We can begin to do the things that will change us inwardly so that our automatic thoughts and feelings become different. Not because we're trying, but because we've changed inwardly.

"I don't have time for all of that!"

God never gives anyone _____ to do.

- The greatest challenge to our faith is to make sure that we do the things that we need to do to keep ourselves centered in God and environed in grace.
- Spiritual disciplines come under that heading. They are not righteousness. Disciplines are wisdom that enable you to stay in the place of grace.

1 Timothy 4:16

- You have to take care of yourself.
- You have to have faith in the goodness of God that allows you to do that.
- "I am the one in charge of my time under God."

Job, Ministry, Work, Life

- Job – what you're _____ to do; how you earn a living.
- Ministry – that part of God's special work in your time that he has specifically allotted to you.
- Work – the total amount of _____ that you produce in your lifetime.
- Life – You. God is more interested in this than any of the other circles!

What you and God get out of your life is the person you _____.

God had something in mind for you from the beginning. That you'd have a kingdom, and you'd bring it into his Kingdom, and redemption would occur in every aspect of your life. And you'd be led on into eternal life here and now.

Eternity is now in _____!

Must learn how to deal with this issue of time. If we don't, we'll have a hard time bringing the fullness of God to others because we won't be _____ it ourselves.

"If you fill your calendar with important appointments, you'll have no time for God." ~ William Martin, *The Art of Pastoring*

"The greatest enemy of _____ for Jesus is _____ to Jesus." ~ Henri Nouwen

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“Rest” by William C. Martin:

“If you fill your spare time with essential reading, you’ll starve your soul.
If you fill your mind with worry about budgets and offerings,
the pains in your chest and the ache in your shoulder will betray you.
If you try to conform to the expectations of those around you, you will forever be their slave.
Work a modest day, then step back and rest. And this will keep you close to God.

One’s daily planner tells plenty about one’s spiritual formation.
It reveals volumes about the pastor’s spiritual condition, values, fears, and ambitions.
It tells who your bosses are, who your lover is, how much value you place on your soul.
If you’re working more than 50 hours a week,
you’re not doing it for God no matter how eloquent your rationalizations.
Take a long prayerful meditative look at your calendar: who are you trying to impress?
God? Give me a break. Your congregation? Possibly. Yourself? Bingo.
Now cut some big chunks out of each week for family, rest, meditation, prayer, and flower-sniffing. And when
you’ve done that you will be more sensitive to the path of God...”

“Only lazy people are _____.” ~ C.S. Lewis

- If you’re unwilling to exert yourself to take control of your time, you’ll constantly be torn to pieces by the demands of others.

We need to think deeply about disciplines such as solitude and silence.

- Dallas’s largest disciplines were _____ and Scripture _____.
- You have to have established an inner quiet before God before you can fast and memorize.
- That has a back effect and helps you carry solitude with you wherever you are.

This is the only way to learn to live without hurry and without worry. We must learn to live without hurry.

Relentlessly eliminate _____ from your life.

- You can move fast without being in a hurry.
- You can work hard.
- We work hard from a restful position.
- You stop hurry when you lay down control over outcomes.

That allows you to step free – to have a life! Then your work nourishes you. Your ministry flows. The results of your job will be much _____ than they would be otherwise.

People will remember who I was after they’ve long forgotten about what I said and probably what I did.

What I am in charge of is how I spend my _____.

By faith I have to put myself in the position to receive the abundance of that river, the streams whereof make glad the city of God. Then I can work hard, go fast, but I’m resting all the time.

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“The Wind, One Brilliant Day” by Antonio Machado

The wind, one brilliant day, called to my soul with an odor of jasmine.

“In return for the odor of my jasmine, I'd like all the odor of your roses.”

I said, *“I have no roses; all the flowers of my garden are dead.”*

The wind said, *“Well then, I'll take the withered petals and the yellow leaves.”*

The wind left. And I wept. And I said to myself:

“What have you done with the garden that was entrusted to you?”

God meant your life to be a garden. Blooming with beautiful, strong, true, good things. that He has nourished.

It's open for all of us to choose that way.

Then when we do the things like the commands of Jesus, the teachings of the Bible, the needs that are around us, we can meet from the depths of our soul, and bring the Kingdom of God to flow around us.